

小結，討論

I. Walking in the Spirit: sustaining an active dialogue with Him
順著聖靈而行：保持與聖靈活潑的對話

Next time (下一次)

II. Fellowship with the Holy Spirit: How to war against flesh
與聖靈相交：如何與情慾爭戰

I. 聖靈與人的靈魂
Holy Spirit and our Spirit/Soul (Inner-man)

God created us in three parts: spirit, soul and body

神造我們有三部份：靈，魂，體

- A. God created us in three parts, spirit, soul and body. **Our inner man** is comprised of spirit and soul (mind, emotions, will). **Our outer man** is our physical body.

²³ May your whole **spirit, soul, and body** be preserved blameless... (1 Thes. 5:23)

¹⁶ Our **outward man** is perishing...the **inward man** is being renewed day by day. (2 Cor. 4:16)

- A. 神造我們有三部份：靈，魂，體。我們**裡面的人**由靈與魂（思想，情感，意志）組成，而**外面的人**就是我們的身體。

5:23 願賜平安的 神、親自使你們全然成聖。又願你們的**靈、與魂、與身子**、得蒙保守、在我主耶穌基督降臨的時候、完全無可指摘。（帖前5:23）

4:16 所以我們不喪膽。**外體**雖然毀壞、**內心**卻一天新似一天。

（林後4:16）

III. The new birth: the uncreated God living in the human spirit

重生：非受造的神住在人的靈裡

- A. At the new birth, the Holy Spirit comes to live in our spirit as a real Person. **The uncreated life of God dwelling in us is the core reality of the new birth.** The new birth is much more than being forgiven. It emphasizes being born into a new connectedness with the Spirit.

⁵ Unless one is born of water (natural) and **the Spirit**, he cannot enter the Kingdom... ⁶ That which is born...of the Spirit is spirit. ⁷...You must be born again. ⁸ The wind blows where it wishes, and you hear the sound of it, but cannot tell where it comes from and where it goes. **So is everyone who is born of the Spirit.** (Jn. 3:5-8)

- A. 重生那一刻，聖靈以一個真實的位格來住進我們的靈裡。重生的精髓，就是這位非受造神的生命居住在我們裡面。重生不僅是罪得赦免，更是強調與聖靈產生新的連結。

3:5耶穌說、我實實在在的告訴你、人若不是從水和聖靈生的、就不能進神的國。從肉身生的、就是肉身。從靈生的、就是靈。我說、你們必須重生、你不要以為希奇。風隨着意思吹、你聽見風的響聲、卻不曉得從那裏來、往那裏去。凡從聖靈生的、也是如此。（約3:5-8）

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- B. The glory of the New Covenant is that at our new birth, the Spirit makes us one spirit with God.

¹⁷ But he who is joined to the Lord is one spirit with Him. (1 Cor 6:17)

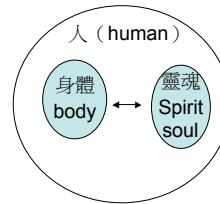
¹⁷ You know Him (Holy Spirit), for He dwells with you and will be in you. (Jn. 14:17)

B. 新約的榮耀，就是當我們重生時，聖靈讓我們與神成為一靈 6:17 但與主聯合的、便是與主成為一靈。(林前6:17)

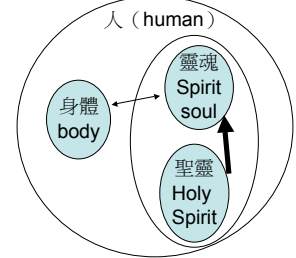
14:17 就是真理的聖靈、乃世人不能接受的。因為不見他、也不認識他。你們卻認識他。因他常與你們同在、也要在你們裏面。(約14:17)

The main idea of the New Birth!
重生的精髓之一就是這位神的生命居住在我們裡面!

重生之前
Before Salvation
-- old self



重生之後
After Salvation
-- new birth/life



2:7 耶和華 神用地上的塵土造人、將生氣吹在他鼻孔裏、他就成了有靈的活人、名叫亞當。
2:7 And Jehovah God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. (Genesis)

32:8 但在人裏面有靈、全能者的氣使人有聰明。(Job)
But there is a spirit in man, and the breath of the Almighty gives them understanding.

119:73 你的手製造我、建立我。求你賜我悟性、可以學習你的命令。
119:73 Thy hands have made me and [226]fashioned me: Give me understanding, that I may learn thy commandments. (Psalms)

1:17-18 求我們主耶穌基督的 神、榮耀的父、將那賜人智慧和啟示的靈、賞給你們、使你們真知道他。並且照明你們心中的眼睛、使你們知道他的恩召有何等指望。他在聖徒中得的基業、有何等豐盛的榮耀。

1:17-18 that the God of our Lord Jesus Christ, the Father of glory, may give unto you a spirit of wisdom and revelation in the knowledge of him; having the eyes of your heart enlightened, that ye may know what is the hope of his calling, what the riches of the glory of his inheritance in the saints, (Ephesian)

II. 與聖靈對話 Talking with the Holy Spirit

III. The new birth: the uncreated God living in the human spirit

重生：非受造的神住在人的靈裡

F. Scripture describes God in us as light, fire and living water (false religions counterfeit this).

⁵ *The message which we have heard from Him and declare...that God is light....7 If we walk in the light as He is in the light, we have fellowship with one another...* (1 Jn. 1:5-7)

³⁸ *Out of his heart (belly, KJV, inner most being, NAS) will flow rivers of living water. 39 This He spoke concerning the Spirit, whom those believing in Him would receive...* (Jn. 7:38-39)

⁶ *Set Me (Jesus) as a seal upon your heart...for love is as strong as death...its flames are flames of fire, a most vehement flame. (Song 8:6)*

F. 聖經以光，火，活水來形容我們裡面的神（假宗教仿冒這些）

1:5 神就是光，在他毫無黑暗。這是我們從主所聽見、又報給你們的信息。

1:7 我們若在光明中行、如同 神在光明中、就彼此相交、（1約 1:5-7）

7:38 信我的人、就如經上所說、從他腹中要流出活水的江河來。

7:39 耶穌這話是指著信他之人、要受聖靈說的、（約 7:38-39）

8:6 求你將我放在你心上如印記、帶在你臂上如戳記。因為愛情如死之堅強、嫉恨如陰間之殘忍。所發的電光、是火焰的電光、是耶和華的烈焰。（歌）

IV. Talking to the Holy Spirit

與聖靈對話

A. In prayer, we focus our mind on God in two ways: on the Father who sits on His Throne (Rev. 4) and on God the Holy Spirit who lives in our spirit.

⁹ *In this manner, therefore, pray: Our Father in heaven...* (Mt. 6:9)

⁹ *The Spirit of God dwells in you... 10 If Christ is in you, the body is dead because of sin, but the Spirit is life...11 If the Spirit...dwells in you, He who raised Christ from the dead will give life to your mortal bodies through His Spirit who dwells in you...* (Rom. 8:9-11)

A. 禱告時，我們的心可以有兩種方式來注視神：注視坐在寶座上的天父（啟示錄4），和住在我們靈裡的聖靈。

6:9 所以你們禱告、要這樣說。我們在天上的父、（太6:9）

8:9 如果 神的靈住在你們心裏、.... 8:10 基督若在你們心裏、身體就因罪而死、心靈卻因義而活。 8:11 然而叫耶穌從死裏復活者的靈、若住在你們心裏、那叫基督耶穌從死裏復活的、也必藉著住在你們心裏的聖靈、使你們必死的身體又活過來。

IV. Talking to the Holy Spirit

與聖靈對話

B. Principle: we walk in the Spirit by talking with the Spirit. The fundamental way to walk in the Spirit is by maintaining an active dialogue with the indwelling Spirit. This is key to our renewal and transformation. It is so simple that many miss it.

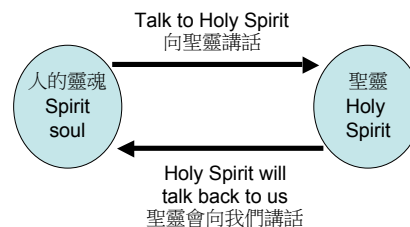
B. 原則：我們藉著與聖靈談話來行在聖靈中；順著聖靈而行的基本方法，就是和內住的聖靈維持活潑的對話；此乃是我們更新轉變的關鍵。這個方法是如此簡單，以致被很多人忽略。

C. To get started, I suggest talking directly to the Spirit 5-10 times a day for 3-5 minutes each time.

C. 剛開始時，我建議每天對聖靈說五到十次話，每次三至五分鐘。

The main idea of fellowship/walking w. Holy Spirit

與聖靈相交的精髓就是常與這位神對話！



III. 與聖靈對話的具體操作 Practical Issues in Talking with the Holy Spirit

IV. Talking to the Holy Spirit 與聖靈對話

- D. If we just talk to Him, He will talk back. He will speak to us once He gets us in the conversation. He speaks to us by giving us subtle impressions that release power on our mind and heart if we respond to them. He will lead us by giving us promptings to act on and to restrain us.
- D. 若我们对圣灵说话，他就会回应；一旦我们开始与圣灵对话，他就会向我们讲话。他向我们说话的方式是给我们轻微的意念，若我们回应这些意念，圣灵会释放力量在我们心思意念里。他藉著催促或禁止我们去行动来引领我们。
- E. We will not walk in the Spirit more than we talk to the Spirit. We will not obey Him more than we talk to Him. He will talk us out of sinning and quitting.
- E. 我们与圣灵对话多少决定我们与他同行的程度，也决定我们顺服他的程度。他向我们说话，使我们脱离犯罪和放弃。

- H. We must cultivate our friendship with the Spirit, being careful not to quench or resist Him. Paul exhorted us to not quench (1 Thes. 5:19) or grieve the Spirit (Eph. 4:30). Therefore, we prize, watch, and guard the prompting of the Spirit on our heart. We must renounce all that causes the Holy Spirit's work in our heart to be minimized (Gal. 6:8; Rom. 8:6). We can grow in our experience of the indwelling Holy Spirit.
- ⁷ *Do not be deceived, God is not mocked; for whatever a man sows, that he will also reap. 8 For he who sows to his flesh will of the flesh reap corruption, but he who sows to the Spirit will of the Spirit reap everlasting life. 9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart. (Gal. 6:7-9)*
- H. 我们必须培养和圣灵的友谊，要小心不去消灭圣灵的感动或抵挡圣灵。保罗劝我们不要消灭圣灵的感动（帖前5:19），或叫神的圣灵担忧（弗4:30）。因此，我们要珍惜、注意，并保守圣灵在我们心里的催促。我们必须弃绝一切会减少圣灵在我们心里动工的东西（加6:8，罗8:6）。如此，我们与内住圣灵的经路就会增长。
- 6:7 不要自欺。神是輕慢不得的。人種的是甚麼、收的也是甚麼。
- 6:8 順著情慾撒種的、必從情慾收敗壞。順著聖靈撒種的、必從聖靈收永生。
- 6:9 我們行善、不可喪志。若不灰心、到了時候、就要收成。（加6:7-9）

Suggestions:

- 1) Slow down, linger in God's presence (beholding His glory).
放慢，停留在神的同在。
- 2) Thank Him (e.g., "I love your presence." "I thank you.")
謝謝你！（“我謝謝你的同在”）
- 3) Teach me (e.g., "What do you want me to understand this verse?")
教導我（你想要我明白這段聖經的什麼內容？）
- 4) Lead me (e.g., "lead me away from temptation." "lead me to new opportunities.")
帶領我（“帶我離開試探” “賜給我新的機會”）
- 5) Strengthen me (e.g., when you feel fear, turn your mind to the Holy Spirit)
賜力量給我（當你感到害怕，把你的意念轉向神）