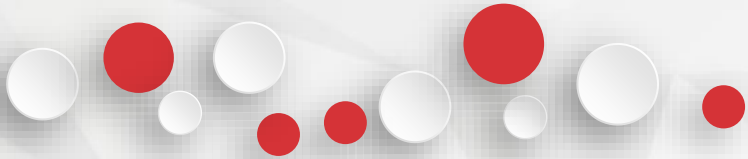




When Love Hurts: Challenges in Every Season

当爱成伤：生命每个阶段的关系挑战

WHEN WE TRY TO CONCEAL CONFLICTS 揭开掩藏的冲突



Even mature Christians may often experience struggles and pain in relationships.

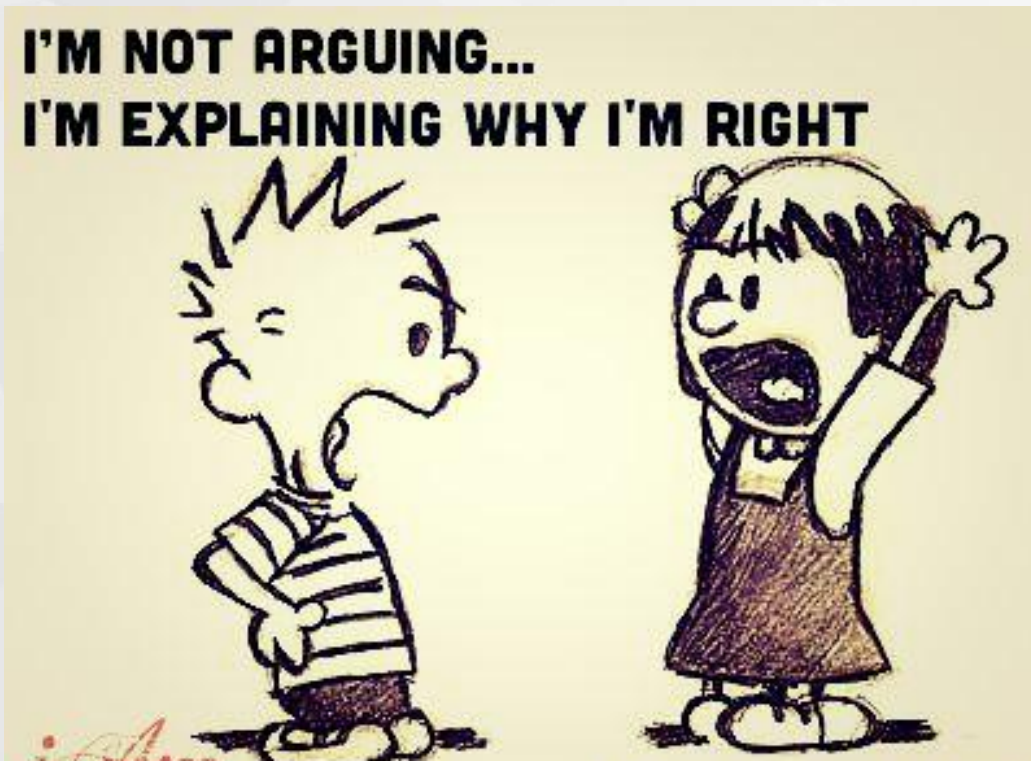
CONCEAL, DON'T FEEL is not the best solution.

A drama club create a short film clip, revealing the unspoken secrets to the audience. [\[Video Clip 1\]](#)



DISCIPLES ARGUING IN JESUS' PRESENCE 门徒在耶稣面前争吵

[Video Clip 2]



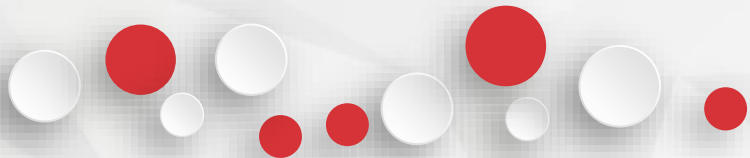
Mark 9:34 (Jesus) asked them, “What were you arguing about on the road?” But they kept quiet because on the way they had argued about who was the greatest.

Mark 10:41 When the ten heard about this, they became indignant with James and John.

Luke 9:46 An argument started among the disciples as to which of them would be the greatest.

Luke 22:24 A dispute also arose among them as to which of them was considered to be greatest.

PSALM 61 : BEYOND A VICTIM



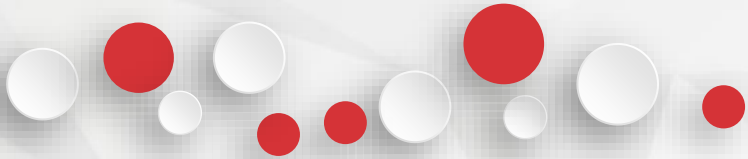
Hear my cry, O God;
listen to my prayer.
From the ends of the earth I call to you,
I call as my heart grows faint;
lead me to the rock that is higher than I.
For you have been my refuge,
a strong tower against the foe.
I long to dwell in your tent forever
and take refuge in the shelter of your wings...
Then I will ever sing in praise of your name
and fulfill my vows day after day.

MY PAIN

GOD'S GRACE

RESTORED BY GOD

IMPERFECT BONDS, ENDLESS LOVE 不完美的羈絆，永恒的爱



Pray and Express the Pain: Jesus Christ is the Redeemer who understands our pain. Seek the Lord for the courage to confront our wounds..

Face the imperfection: be honest and courageous. Remember God's grace is sufficient.

Draw Closer to the Lord: turn the focus to God, and if you cannot change the circumstances, let yourself move towards Him.

